

EMPLOYED POSTDOC RATES AND CONTRIBUTIONS

	Total Monthly Premium	Monthly Postdoc Cost
Medical HMO		
Postdoc	\$511.54	\$73.00
Postdoc + Spouse/Partner	\$988.79	\$141.00
Postdoc + Child(ren)	\$948.89	\$136.00
Family	\$1,468.08	\$210.00
Medical PPO		
Postdoc	\$564.70	\$80.00
Postdoc + Spouse/Partner	\$1,091.55	\$154.00
Postdoc + Child(ren)	\$1,047.50	\$147.00
Family	\$1,620.64	\$229.00
Dental HMO		
Postdoc	\$18.15	\$9.00
Postdoc + Spouse/Partner	\$32.90	\$16.00
Postdoc + Child(ren)	\$34.04	\$16.00
Family	\$49.92	\$23.00
Dental PPO		
Postdoc	\$49.75	\$23.00
Postdoc + Spouse/Partner	\$108.21	\$49.00
Postdoc + Child(ren)	\$121.89	\$55.00
Family	\$172.89	\$78.00
Vision		
Postdoc	\$8.53	\$8.53
Postdoc + Spouse/Partner	\$16.21	\$16.21
Postdoc + Child(ren)	\$17.06	\$17.06
Family	\$25.08	\$25.08
Life Insurance (\$50K)	\$4.45	\$0.00
Long-Term Disability (LTD)	\$5.56	\$0.00
Short-Term Disability (STD)	\$24.14	\$0.00
Voluntary Life (postdoc, spouse, child)	See plan summaries in Documents Library for calculation	